ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mathys Jana

Coaches: Cools Sandra HEADCOACH

Coaches: Van Heghe Margot

Coaches: Kerkhove Sarah

Coaches: De Waele Lente

Coaches: Huberty Maren

Coaches: Slos Robbie

Coaches: De Noble Naomi

Coaches: De Noble Chloë

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M FREESTYLE MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/2 Lane : 3 Athlete: VAN HOECKE OONA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M FREESTYLE MIXED 10-9 — Heat:2, starttime: 14:04

Heat: 2/2 Lane : 3 Athlete: VAN CAENEGEM LARS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M FREESTYLE MIXED 10-9 — Heat:2, starttime: 14:04

Heat: 2/2 Lane : 4 Athlete: VANDENWEGHE THOMAS — **Q-time: 03:29:59**

PB (25m pool): 03:29.59 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:46.92		01:40.50		no time		03:29.59
	00:46.92		*00:53.58*					
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 200M FREESTYLE MIXED 10-9 — Heat:2, starttime: 14:04

Heat: 2/2 Lane : 7 Athlete: VAN DEN BRULLE EBE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:2, starttime: 14:11

Heat: 2/14 Lane : 5 Athlete: ENGHIEN ROOS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 14:13

Heat: 3/14 Lane : 1 Athlete: BOON MARGOT — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 14:13

Heat: 3/14 Lane : 6 Athlete: AKMAN REZZAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:5, starttime: 14:17

Heat: 5/14 Lane : 3 Athlete: HERREGODS INE — **Q-time: 01:27:55**

PB (25m pool): 01:27.55 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:27.62 **SB:** 01:27.55 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:41.96		01:27.55	
	00:41.96		*00:45.59*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:5, starttime: 14:17

Heat: 5/14 Lane : 4 Athlete: VERBUSTEL LORE — **Q-time: 01:26:97**

PB (25m pool): 01:35.80 TEMSE 23/11/2025 **PB (50m pool):** 01:26.97 **SB:** 01:35.80 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:45.18		01:35.80	
	00:45.18		*00:50.62*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:5, starttime: 14:17

Heat: 5/14 Lane : 5 Athlete: VAN LAETHEM ALEXIS — **Q-time: 01:27:17**

PB (25m pool): 01:30.25 TEMSE 23/11/2025 **PB (50m pool):** 01:27.17 **SB:** 01:30.25 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:41.50		01:30.25	
	00:41.50		*00:48.75*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:21

Heat: 7/14 Lane : 1 Athlete: BRUNET MAXIME — **Q-time: 01:23:03**

PB (25m pool): 01:29.69 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:23.03 **SB:** 01:29.69 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:43.53		01:29.69	
	00:43.53		*00:46.16*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:7, starttime: 14:21

Heat: 7/14 Lane : 3 Athlete: VAN DEN BRULLE MANE **Q-time: 01:22:33**

PB (25m pool): 01:25.44 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:22.33 **SB:** 01:25.44 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:39.80		01:25.44	
		00:39.80		*00:45.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:7, starttime: 14:21

Heat: 7/14 Lane : 5 Athlete: HAMID ROYAH **Q-time: 01:22:11**

PB (25m pool): 01:22.34 Gent 23/02/2025 **PB (50m pool):** 01:22.11 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.55		01:22.34	
		00:38.55		*00:43.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:8, starttime: 14:23

Heat: 8/14 Lane : 1 Athlete: DEPESTELE GITTE **Q-time: 01:19:43**

PB (25m pool): 01:21.17 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:19.43 **SB:** 01:21.17 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:37.43		01:21.17	
		00:37.43		*00:43.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:9, starttime: 14:25

Heat: 9/14 Lane : 4 Athlete: SUY NORA **Q-time: 01:15:34**

PB (25m pool): 01:19.10 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:15.34 **SB:** 01:19.10 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:37.70		01:19.10	
		00:37.70		*00:41.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:9, starttime: 14:25

Heat: 9/14 Lane : 6 Athlete: DE BIE LIZE — **Q-time: 01:15:56**

PB (25m pool): 01:16.69 Temse 17/11/2025 **PB (50m pool):** 01:15.56 **SB:** 01:16.69 Temse 17/11/2025

	25 M	50 M	75 M	100 M	
PB		00:36.94		01:16.69	
		00:36.94		*00:39.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:9, starttime: 14:25

Heat: 9/14 Lane : 8 Athlete: VAN CAENEGEM FIEN — **Q-time: 01:17:72**

PB (25m pool): 01:20.79 TEMSE 23/11/2025 **PB (50m pool):** 01:17.72 **SB:** 01:20.79 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:38.45		01:20.79	
		00:38.45		*00:42.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:27

Heat: 10/14 Lane : 1 Athlete: GALMART HAYLEY — **Q-time: 01:15:08**

PB (25m pool): 01:15.08 TEMSE 23/11/2025 **PB (50m pool):** 01:15.49 **SB:** 01:15.08 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:35.58		01:15.08	
		00:35.58		*00:39.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:27

Heat: 10/14 Lane : 2 Athlete: UVYN AURéLIE — **Q-time: 01:14:65**

PB (25m pool): 01:21.87 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:14.65 **SB:** 01:21.87 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:38.83		01:21.87	
		00:38.83		*00:43.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:27

Heat: 10/14 Lane : 5 Athlete: NGABO ANNABELLE — **Q-time: 01:13:80**

PB (25m pool): 01:10.98 Eeklo 06/04/2026 **PB (50m pool):** 01:13.80 **SB:** 01:10.98 Eeklo 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:34.16		01:10.98	
		00:34.16		*00:36.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:11, starttime: 14:29

Heat: 11/14 Lane : 3 Athlete: DAEM HANNELISE — **Q-time: 01:12:33**

PB (25m pool): 01:12.33 TEMSE 23/11/2025 **PB (50m pool):** 01:12.84 **SB:** 01:12.33 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:35.11		01:12.33	
		00:35.11		*00:37.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:11, starttime: 14:29

Heat: 11/14 Lane : 6 Athlete: DE BOCK AUDE — **Q-time: 01:12:75**

PB (25m pool): 01:11.51 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:12.90 **SB:** 01:11.51 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:34.06		01:11.51	
		00:34.06		*00:37.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:30

Heat: 12/14 Lane : 1 Athlete: VERBERT KAAT — **Q-time: 01:11:52**

PB (25m pool): 01:13.21 TEMSE 23/11/2025 **PB (50m pool):** 01:11.52 **SB:** 01:13.21 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:35.81		01:13.21	
		00:35.81		*00:37.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:30

Heat: 12/14 Lane : 2 Athlete: RUTTEN LEONIE — **Q-time: 01:11:09**

PB (25m pool): 01:11.09 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:13.10 **SB:** 01:11.09 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:33.94		01:11.09	
		00:33.94		*00:37.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:30

Heat: 12/14 Lane : 4 Athlete: DE BACKER SOPHIE — **Q-time: 01:09:68**

PB (25m pool): 01:09.09 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:09.68 **SB:** 01:09.09 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:34.11		01:09.09	
		00:34.11		*00:34.98*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:30

Heat: 12/14 Lane : 7 Athlete: DE GRIEVE ONA — **Q-time: 01:11:50**

PB (25m pool): 01:12.91 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 01:11.50 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.79		01:12.91	
		00:33.79		*00:39.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 4 Athlete: STORME JADE — **Q-time: 01:07:65**

PB (25m pool): 01:07.65 TEMSE 23/11/2025 **PB (50m pool):** 01:09.66 **SB:** 01:07.65 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:32.54		01:07.65	
		00:32.54		*00:35.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 5 Athlete: CANTRé EMILIE — **Q-time: 01:07:84**

PB (25m pool): 01:07.54 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:08.74 **SB:** 01:07.54 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:31.95		01:07.54	
		00:31.95		*00:35.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 6 Athlete: DE SMAELE KENZA — **Q-time: 01:08:29**

PB (25m pool): 01:07.82 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:08.92 **SB:** 01:07.82 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:32.06		01:07.82	
		00:32.06		*00:35.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 8 Athlete: STORME IEME — **Q-time: 01:09:64**

PB (25m pool): 01:09.24 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:10.42 **SB:** 01:09.24 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:33.76		01:09.24	
		00:33.76		*00:35.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:14, starttime: 14:34

Heat: 14/14 Lane : 3 Athlete: VAN BRABANDT MILA — **Q-time: 01:06:66**

PB (25m pool): 01:06.66 Temse 21/12/2025 **PB (50m pool):** 01:08.79 **SB:** 01:06.66 Temse 21/12/2025

	25 M	50 M	75 M	100 M	
PB		00:31.86		01:06.66	
		00:31.86		*00:34.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:1, starttime: 14:36**

Heat: 1/11 Lane : 5 Athlete: DE VEERMAN ILAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:2, starttime: 14:38**

Heat: 2/11 Lane : 3 Athlete: VAN DE MOERE SAMI **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:2, starttime: 14:38**

Heat: 2/11 Lane : 5 Athlete: DOTTAVI PIETRO **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:3, starttime: 14:40**

Heat: 3/11 Lane : 2 Athlete: VAN KERKHOVE JORICK **Q-time: 01:27:68**

PB (25m pool): 01:29.80 Zottegem 09/03/2025 **PB (50m pool):** 01:27.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.28		01:29.80	
	00:41.28		*00:48.52*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:3, starttime: 14:40**

Heat: 3/11 Lane : 5 Athlete: DE KEIJSER RAF **Q-time: 01:26:01**

PB (25m pool): no time **PB (50m pool):** 01:26.01 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:3, starttime: 14:40**

Heat: 3/11 Lane : 7 Athlete: BOGAERT OSCAR **Q-time: 01:27:97**

PB (25m pool): no time **PB (50m pool):** 01:27.97 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:4, starttime: 14:42**

Heat: 4/11 Lane : 2 Athlete: VERMEIR CAS **Q-time: 01:23:08**

PB (25m pool): 01:25.26 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:23.08 **SB:** 01:25.26 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:40.66		01:25.26	
		00:40.66		*00:44.60*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:4, starttime: 14:42**

Heat: 4/11 Lane : 4 Athlete: MATAIGNE MICHEL **Q-time: 01:21:07**

PB (25m pool): no time **PB (50m pool):** 01:21.07 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:4, starttime: 14:42**

Heat: 4/11 Lane : 5 Athlete: MILLET NOAH **Q-time: 01:21:74**

PB (25m pool): no time **PB (50m pool):** 01:21.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:4, starttime: 14:42**

Heat: 4/11 Lane : 8 Athlete: DE KEIJSER STAF **Q-time: 01:23:54**

PB (25m pool): no time **PB (50m pool):** 01:23.54 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:5, starttime: 14:44**

Heat: 5/11 Lane : 3 Athlete: ACKE MANU **Q-time: 01:18:38**

PB (25m pool): 01:21.02 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:18.38 **SB:** 01:21.02 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:39.37		01:21.02	
	00:39.37		*00:41.65*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:5, starttime: 14:44**

Heat: 5/11 Lane : 5 Athlete: COESSENS KOBE **Q-time: 01:18:14**

PB (25m pool): 01:18.44 Temse 21/12/2025 **PB (50m pool):** 01:18.14 **SB:** 01:18.44 Temse 21/12/2025

	25 M	50 M	75 M	100 M	
PB		00:37.06		01:18.44	
	00:37.06		*00:41.38*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:6, starttime: 14:46**

Heat: 6/11 Lane : 2 Athlete: MARGUTTI MAURO **Q-time: 01:16:09**

PB (25m pool): 01:16.09 Sint-Niklaas 11/01/2026 **PB (50m pool):** no time **SB:** 01:16.09 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:36.19		01:16.09	
		00:36.19		*00:39.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:7, starttime: 14:48**

Heat: 7/11 Lane : 1 Athlete: STEVENS GERBEN **Q-time: 01:12:21**

PB (25m pool): 01:08.64 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:12.37 **SB:** 01:08.64 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:32.05		01:08.64	
		00:32.05		*00:36.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:7, starttime: 14:48**

Heat: 7/11 Lane : 5 Athlete: DE PAUW JULES **Q-time: 01:09:49**

PB (25m pool): 01:15.81 Gent 23/02/2025 **PB (50m pool):** 01:09.49 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.42		01:15.81	
		00:35.42		*00:40.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ **Heat:7, starttime: 14:48**

Heat: 7/11 Lane : 6 Athlete: BECK STANN **Q-time: 01:09:89**

PB (25m pool): 01:09.27 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:09.89 **SB:** 01:09.27 Zwembad De Treffer 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:33.82		01:09.27	
		00:33.82		*00:35.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:9, starttime: 14:51

Heat: 9/11 Lane : 4 Athlete: EL GHAZALI ADAM — **Q-time: 01:02:79**

PB (25m pool): 01:02.79 Temse 21/12/2025 — **PB (50m pool):** 01:05.21 **SB:** 01:02.79 Temse 21/12/2025

	25 M	50 M	75 M	100 M	
PB		00:29.94		01:02.79	
		00:29.94		*00:32.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 14:53

Heat: 10/11 Lane : 2 Athlete: VANNIEUWENHUYSE LOïC — **Q-time: 01:01:59**

PB (25m pool): 01:01.59 TEMSE 23/11/2025 — **PB (50m pool):** 01:02.88 **SB:** 01:01.59 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:29.73		01:01.59	
		00:29.73		*00:31.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 14:53

Heat: 10/11 Lane : 3 Athlete: SLOS ROBBIE — **Q-time: 01:01:06**

PB (25m pool): 00:58.91 Nijlen 17/11/2024 — **PB (50m pool):** 01:00.41 **SB:** 01:01.06 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:28.41		00:58.91	
		00:28.41		*00:30.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 14:54

Heat: 11/11 Lane : 1 Athlete: STEVENS JAAN — **Q-time: 00:59:26**

PB (25m pool): 00:59.59 TEMSE 23/11/2025 — **PB (50m pool):** 00:59.26 **SB:** 00:59.59 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:28.89		00:59.59	
		00:28.89		*00:30.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 14:54

Heat: 11/11 Lane : 2 Athlete: VAN RAEMDONCK CAMU — **Q-time: 00:58:39**

PB (25m pool): 00:58.39 TEMSE 23/11/2025 — **PB (50m pool):** 01:00.61 **SB:** 00:58.39 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:28.46		00:58.39	
		00:28.46		*00:29.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 14:54

Heat: 11/11 Lane : 5 Athlete: TIMMERMANS JULES — **Q-time: 00:57:11**

PB (25m pool): 00:57.11 TEMSE 23/11/2025 — **PB (50m pool):** 00:58.58 **SB:** 00:57.11 TEMSE 23/11/2025

	25 M	50 M	75 M	100 M	
PB		00:27.49		00:57.11	
		00:27.49		*00:29.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 14:54

Heat: 11/11 Lane : 6 Athlete: DEGRANDE LARS — **Q-time: 00:57:85**

PB (25m pool): 00:57.85 Temse 21/12/2025 — **PB (50m pool):** 01:00.29 **SB:** 00:57.85 Temse 21/12/2025

	25 M	50 M	75 M	100 M	
PB		00:27.78		00:57.85	
		00:27.78		*00:30.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ — Heat:1, starttime: 14:56

Heat: 1/4 Lane : 5 Athlete: STORME JADE — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225 M	**250 M**	**275 M**	**300**	**325**	**350**	**375**	**400 M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:2, starttime: 15:04**

Heat: 2/4 Lane : 4 Athlete: VERBERT KAAT **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:2, starttime: 15:04**

Heat: 2/4 Lane : 8 Athlete: DEGRANDE AN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:3, starttime: 15:11**

Heat: 3/4 Lane : 1 Athlete: CANTRé EMILIE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:3, starttime: 15:11**

Heat: 3/4 Lane : 6 Athlete: DE BACKER SOPHIE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:3, starttime: 15:11**

Heat: 3/4 Lane : 7 Athlete: MINNOYE YAANA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:4, starttime: 15:19**

Heat: 4/4 Lane : 2 Athlete: DE SMAELE KENZA **Q-time: 06:06:88**

PB (25m pool): 06:06.88 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:28.68		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		06:06.88
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:4, starttime: 15:19**

Heat: 4/4 Lane : 8 Athlete: STORME IEME **Q-time: 06:16:11**

PB (25m pool): 06:16.11 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:30.81		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:16.11
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:1, starttime: 15:26**

Heat: 1/4 Lane : 3 Athlete: DAEM JOPPE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:1, starttime: 15:26**

Heat: 1/4 Lane : 4 Athlete: UVYN MAXIM **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 400M MEDLEY MEN 11+ **Heat:2, starttime: 15:34**

Heat: 2/4 Lane : 1 Athlete: BECK STANN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:2, starttime: 15:34**

Heat: 2/4 Lane : 5 Athlete: DE CHAMPS LOïC **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:2, starttime: 15:34**

Heat: 2/4 Lane : 7 Athlete: MINNOYE TIEBE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 400M MEDLEY MEN 11+ **Heat:4, starttime: 15:50**

Heat: 4/4 Lane : 2 Athlete: VANNIEUWENHUYSE LOïC **Q-time: 05:41:95**

PB (25m pool): 05:41.95 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:20.34		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		05:41.95
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:4, starttime: 15:50**

Heat: 4/4 Lane : 3 Athlete: VAN RAEMDONCK CAMU **Q-time: 05:20:50**

PB (25m pool): 05:20.50 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:13.50		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		05:20.50
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 50M BUTTERFLY MIXED 10-9 **Heat:1, starttime: 15:57**

Heat: 1/1 Lane : 2 Athlete: VANDENWEGHE THOMAS **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 50M BUTTERFLY MIXED 10-9 **Heat:1, starttime: 15:57**

Heat: 1/1 Lane : 4 Athlete: VAN CAENEGEM LARS **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 50M BUTTERFLY MIXED 10-9 **Heat:1, starttime: 15:57**

Heat: 1/1 Lane : 5 Athlete: VAN DEN BRULLE EBE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 50M BUTTERFLY MIXED 10-9 **Heat:1, starttime: 15:57**

Heat: 1/1 Lane : 7 Athlete: VAN HOECKE OONA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ **Heat:1, starttime: 15:58**

Heat: 1/8 Lane : 2 Athlete: AKMAN REZZAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 16:03

Heat: 2/8 Lane : 5 Athlete: BOON MARGOT — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 16:09

Heat: 3/8 Lane : 7 Athlete: ENGHIEN ROOS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 16:14

Heat: 4/8 Lane : 4 Athlete: VAN DEN BRULLE MANE — **Q-time: 03:58:58**

PB (25m pool): 03:58.58 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:53.13		01:53.60		no time		03:58.58
		00:53.13		*01:00.47*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 16:19

Heat: 5/8 Lane : 2 Athlete: VAN CAENEGEM FIEN — **Q-time: 03:54:11**

PB (25m pool): 03:54.11 TEMSE 23/11/2025 **PB (50m pool):** no time **SB:** 03:54.11 TEMSE 23/11/2025

	25M	50M	75M	100	125	150	175	200M
PB		00:53.65		01:52.84		02:53.81		03:54.11
		00:53.65		*00:59.19*		*01:00.97*		*01:00.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 16:24

Heat: 6/8 Lane : 7 Athlete: UVYN AURéLIE — **Q-time: 03:36:06**

PB (25m pool): 03:36.06 TEMSE 23/11/2025 — **PB (50m pool):** 03:48.84 **SB:** 03:36.06 TEMSE 23/11/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:50.39		01:46.21		02:41.33		03:36.06
		00:50.39		*00:55.82*		*00:55.12*		*00:54.73*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 16:28

Heat: 7/8 Lane : 4 Athlete: DE BOCK AUDE — **Q-time: 03:21:02**

PB (25m pool): 03:24.01 TEMSE 24/11/2024 — **PB (50m pool):** 03:21.02 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:46.41		01:38.06		02:30.40		03:24.01
		00:46.41		*00:51.65*		*00:52.34*		*00:53.61*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 16:28

Heat: 7/8 Lane : 7 Athlete: GALMART HAYLEY — **Q-time: 03:28:62**

PB (25m pool): 03:28.62 TEMSE 23/11/2025 — **PB (50m pool):** 03:29.74 **SB:** 03:28.62 TEMSE 23/11/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:48.82		01:42.71		02:36.06		03:28.62
		00:48.82		*00:53.89*		*00:53.35*		*00:52.56*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:2, starttime: 16:41

Heat: 2/7 Lane : 2 Athlete: MILLET NOAH — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M BREASTSTROKE MEN 11+ Heat:2, starttime: 16:41

Heat: 2/7 Lane : 4 Athlete: COSYN MATS **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ Heat:3, starttime: 16:46

Heat: 3/7 Lane : 1 Athlete: DE VEERMAN ILAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ Heat:3, starttime: 16:46

Heat: 3/7 Lane : 2 Athlete: MATAIGNE MICHEL **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ Heat:5, starttime: 16:55

Heat: 5/7 Lane : 2 Athlete: VAN KERKHOVE JORICK **Q-time: 03:52:36**

PB (25m pool): 04:00.71 Zottegem 09/03/2025 **PB (50m pool):** 03:52.36 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:53.78		01:56.36		no time		04:00.71
		00:53.78		*01:02.58*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:55

Heat: 5/7 Lane : 4 Athlete: STEVENS GERBEN — **Q-time: 03:31:74**

PB (25m pool): 03:33.83 Eeklo 21/04/2025 **PB (50m pool):** 03:31.74 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:45.93		01:40.45		no time		03:33.83
		00:45.93		*00:54.52*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:55

Heat: 5/7 Lane : 6 Athlete: DAEM JOPPE — **Q-time: 03:46:08**

PB (25m pool): 03:35.93 Zottegem 09/03/2025 **PB (50m pool):** 03:46.08 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:49.61		01:44.17		no time		03:35.93
		00:49.61		*00:54.56*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:55

Heat: 5/7 Lane : 8 Athlete: MARGUTTI MAURO — **Q-time: 03:54:01**

PB (25m pool): 03:54.01 Sint-Amandsberg 19/10/2025 **PB (50m pool):** no time **SB:** 03:54.01 Sint-Amandsberg 19/10/2025

	25M	50M	75M	100	125	150	175	200M
PB		00:49.47		01:50.64		02:51.96		03:54.01
		00:49.47		*01:01.17*		*01:01.32*		*01:02.05*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:59

Heat: 6/7 Lane : 1 Athlete: ACKE MANU — **Q-time: 03:29:47**

PB (25m pool): 03:29.47 TEMSE 23/11/2025 **PB (50m pool):** 03:49.03 **SB:** 03:29.47 TEMSE 23/11/2025

	25M	50M	75M	100	125	150	175	200M
PB		00:47.00		01:41.31		02:36.74		03:29.47
		00:47.00		*00:54.31*		*00:55.43*		*00:52.73*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:59

Heat: 6/7 Lane : 4 Athlete: DE PAUW JULES — **Q-time: 03:08:74**

PB (25m pool): 03:08.74 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 03:12.17 **SB:** 03:08.74 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.80		01:32.18		02:20.57		03:08.74
	00:42.80		*00:49.38*		*00:48.39*		*00:48.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:7, starttime: 17:03

Heat: 7/7 Lane : 3 Athlete: TIMMERMANS JULES — **Q-time: 02:49:63**

PB (25m pool): 02:49.63 TEMSE 23/11/2025 **PB (50m pool):** 02:56.38 **SB:** 02:49.63 TEMSE 23/11/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.76		01:21.56		02:06.25		02:49.63
	00:37.76		*00:43.80*		*00:44.69*		*00:43.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 17:07

Heat: 1/12 Lane : 4 Athlete: VAN LAETHEM ALEXIS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 17:09

Heat: 2/12 Lane : 2 Athlete: VERBUSTEL LORE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 17:09**

Heat: 2/12 Lane : 3 Athlete: AKMAN REZZAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 17:09**

Heat: 2/12 Lane : 8 Athlete: VAN CAENEGEM FIEN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:3, starttime: 17:11**

Heat: 3/12 Lane : 6 Athlete: BOON MARGOT **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:4, starttime: 17:12**

Heat: 4/12 Lane : 2 Athlete: DEPESTELE GITTE **Q-time: 00:51:49**

PB (25m pool): 00:51.49 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		00:51.49	
	00:51.49		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 17:12

Heat: 4/12 Lane : 3 Athlete: HERREGODS INE — **Q-time: 00:49:58**

PB (25m pool): 00:49.58 Sinbad 05/10/2025 **PB (50m pool):** no time **SB:** 00:49.58 Sinbad 05/10/2025

	25 M	50 M	
PB		00:49.58	
		00:49.58	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 17:14

Heat: 5/12 Lane : 3 Athlete: BRUNET MAXIME — **Q-time: 00:45:50**

PB (25m pool): 00:45.50 Sinbad 05/10/2025 **PB (50m pool):** no time **SB:** 00:45.50 Sinbad 05/10/2025

	25 M	50 M	
PB		00:45.50	
		00:45.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 17:14

Heat: 5/12 Lane : 4 Athlete: HAMID ROYAH — **Q-time: 00:44:75**

PB (25m pool): 00:46.41 Dendermonde. 22/11/2025 **PB (50m pool):** 00:44.75 **SB:** 00:46.41 Dendermonde. 22/11/2025

	25 M	50 M	
PB		00:46.41	
		00:46.41	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:7, starttime: 17:16

Heat: 7/12 Lane : 7 Athlete: RUTTEN LEONIE — **Q-time: 00:42:65**

PB (25m pool): 00:43.56 Dendermonde. 22/11/2025 **PB (50m pool):** 00:42.65 **SB:** 00:43.56 Dendermonde. 22/11/2025

	25 M	50 M	
PB		00:43.56	
		00:43.56	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:8, starttime: 17:18**

Heat: 8/12 Lane : 1 Athlete: DE BIE LIZE **Q-time: 00:41:14**

PB (25m pool): 00:41.14 Temse 17/11/2025 **PB (50m pool):** 00:41.38 **SB:** 00:41.14 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:41.14	
		00:41.14	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:8, starttime: 17:18**

Heat: 8/12 Lane : 3 Athlete: DE BOCK AUDE **Q-time: 00:39:42**

PB (25m pool): 00:39.42 WAREGEM 27/09/2025 **PB (50m pool):** 00:45.56 **SB:** 00:39.42 WAREGEM 27/09/2025

	2 5 M	5 0 M	
PB		00:39.42	
		00:39.42	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:8, starttime: 17:18**

Heat: 8/12 Lane : 5 Athlete: UVYN AURéLIE **Q-time: 00:39:21**

PB (25m pool): 00:44.46 Sinbad 05/10/2025 **PB (50m pool):** 00:39.21 **SB:** 00:44.46 Sinbad 05/10/2025

	2 5 M	5 0 M	
PB		00:44.46	
		00:44.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:8, starttime: 17:18**

Heat: 8/12 Lane : 6 Athlete: GALMART HAYLEY **Q-time: 00:39:50**

PB (25m pool): 00:43.13 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:39.50 **SB:** 00:43.13 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	
PB		00:43.13	
		00:43.13	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:8, starttime: 17:18

Heat: 8/12 Lane : 8 Athlete: VAN DEN BRULLE MANE — **Q-time: 00:41:55**

PB (25m pool): 00:42.69 Temse 17/11/2025 **PB (50m pool):** 00:41.55 **SB:** 00:42.69 Temse 17/11/2025

	25 M	50 M	
PB		00:42.69	
		00:42.69	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:9, starttime: 17:19

Heat: 9/12 Lane : 2 Athlete: DAEM HANNELISE — **Q-time: 00:37:42**

PB (25m pool): 00:39.05 Zottegem 09/03/2025 **PB (50m pool):** 00:37.42 **SB:** no time

	25 M	50 M	
PB		00:39.05	
		00:39.05	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:9, starttime: 17:19

Heat: 9/12 Lane : 4 Athlete: DE BACKER SOPHIE — **Q-time: 00:36:72**

PB (25m pool): 00:41.86 Gent 23/02/2025 **PB (50m pool):** 00:36.72 **SB:** no time

	25 M	50 M	
PB		00:41.86	
		00:41.86	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:9, starttime: 17:19

Heat: 9/12 Lane : 7 Athlete: DE GRIEVE ONA — **Q-time: 00:37:73**

PB (25m pool): 00:39.31 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 00:37.73 **SB:** no time

	25 M	50 M	
PB		00:39.31	
		00:39.31	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:10, starttime: 17:20**

Heat: 10/12 Lane : 4 Athlete: STORME IEME **Q-time: 00:36:12**

PB (25m pool): 00:36.12 Zottegem 09/03/2025 **PB (50m pool):** 00:36.62 **SB:** 00:36.22 WAREGEM 27/09/2025

	25 M	50 M	
PB		00:36.12	
		00:36.12	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:10, starttime: 17:20**

Heat: 10/12 Lane : 5 Athlete: VERBERT KAAT **Q-time: 00:36:19**

PB (25m pool): 00:38.27 WAREGEM 27/09/2025 **PB (50m pool):** 00:36.19 **SB:** 00:38.27 WAREGEM 27/09/2025

	25 M	50 M	
PB		00:38.27	
		00:38.27	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:11, starttime: 17:21**

Heat: 11/12 Lane : 3 Athlete: STORME JADE **Q-time: 00:35:00**

PB (25m pool): 00:35.00 Zottegem 09/03/2025 **PB (50m pool):** 00:36.76 **SB:** 00:36.53 WAREGEM 27/09/2025

	25 M	50 M	
PB		00:35.00	
		00:35.00	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:11, starttime: 17:21**

Heat: 11/12 Lane : 5 Athlete: CANTRé EMILIE **Q-time: 00:34:51**

PB (25m pool): 00:36.08 Gent 23/02/2025 **PB (50m pool):** 00:34.51 **SB:** 00:37.20 WAREGEM 27/09/2025

	25 M	50 M	
PB		00:36.08	
		00:36.08	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:11, starttime: 17:21

Heat: 11/12 Lane : 6 Athlete: DE SMAELE KENZA — **Q-time: 00:35:22**

PB (25m pool): 00:35.89 WAREGEM 27/09/2025 — **PB (50m pool):** 00:35.22 **SB:** 00:35.89 WAREGEM 27/09/2025

	2 5 M	5 0 M	
PB		00:35.89	
		00:35.89	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:11, starttime: 17:21

Heat: 11/12 Lane : 8 Athlete: DEGRANDE AN — **Q-time: 00:36:06**

PB (25m pool): 00:36.06 Temse 17/11/2025 — **PB (50m pool):** 00:36.77 **SB:** 00:36.06 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:36.06	
		00:36.06	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:12, starttime: 17:22

Heat: 12/12 Lane : 8 Athlete: MINNOYE YAANA — **Q-time: 00:34:34**

PB (25m pool): 00:34.34 Gent 23/02/2025 — **PB (50m pool):** 00:35.37 **SB:** no time

	2 5 M	5 0 M	
PB		00:34.34	
		00:34.34	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:1, starttime: 17:24

Heat: 1/9 Lane : 4 Athlete: VAN DE MOERE SAMI — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:1, starttime: 17:24**

Heat: 1/9 Lane : 5 Athlete: MILLET NOAH			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:2, starttime: 17:25**

Heat: 2/9 Lane : 1 Athlete: DE KEIJSER STAF			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:2, starttime: 17:25**

Heat: 2/9 Lane : 7 Athlete: BOGAERT OSCAR			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:2, starttime: 17:25**

Heat: 2/9 Lane : 8 Athlete: MATAIGNE MICHEL			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:3, starttime: 17:27**

Heat: 3/9 Lane : 1 Athlete: DOTTAVI PIETRO **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:3, starttime: 17:27**

Heat: 3/9 Lane : 2 Athlete: DE KEIJSER RAF **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:3, starttime: 17:27**

Heat: 3/9 Lane : 6 Athlete: COSYN MATS **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:3, starttime: 17:27**

Heat: 3/9 Lane : 7 Athlete: DE VEERMAN ILAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:4, starttime: 17:29**

Heat: 4/9 Lane : 2 Athlete: VERMEIR CAS **Q-time: 00:48:11**

PB (25m pool): no time **PB (50m pool):** 00:48.11 **SB:** no time

	2 5 M	5 0 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:4, starttime: 17:29**

Heat: 4/9 Lane : 4 Athlete: STEVENS GERBEN **Q-time: 00:44:23**

PB (25m pool): 00:44.23 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		00:44.23	
	00:44.23		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:5, starttime: 17:31**

Heat: 5/9 Lane : 3 Athlete: ACKE MANU **Q-time: 00:40:95**

PB (25m pool): 00:45.20 WAREGEM 27/09/2025 **PB (50m pool):** 00:40.95 **SB:** 00:45.20 WAREGEM 27/09/2025

	2 5 M	5 0 M	
PB		00:45.20	
	00:45.20		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:5, starttime: 17:31**

Heat: 5/9 Lane : 8 Athlete: COESSENS KOBE **Q-time: 00:44:19**

PB (25m pool): 00:48.65 Temse 17/11/2025 **PB (50m pool):** 00:44.19 **SB:** 00:48.65 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:48.65	
	00:48.65		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:6, starttime: 17:32**

Heat: 6/9 Lane : 7 Athlete: MINNOYE TIEBE **Q-time: 00:36:90**

PB (25m pool): 00:36.90 Gent 23/02/2025 **PB (50m pool):** 00:36.93 **SB:** 00:36.94 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:36.90	
	00:36.90		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:7, starttime: 17:33**

Heat: 7/9 Lane : 1 Athlete: BECK STANN **Q-time: 00:35:41**

PB (25m pool): 00:35.41 Temse 17/11/2025 **PB (50m pool):** 00:36.52 **SB:** 00:35.41 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:35.41	
	00:35.41		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:7, starttime: 17:33**

Heat: 7/9 Lane : 7 Athlete: DE CHAMPS LOïC **Q-time: 00:34:96**

PB (25m pool): 00:34.96 Dendermonde. 22/11/2025 **PB (50m pool):** 00:35.05 **SB:** 00:34.96 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:34.96	
	00:34.96		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ **Heat:8, starttime: 17:34**

Heat: 8/9 Lane : 1 Athlete: UVYN MAXIM **Q-time: 00:33:63**

PB (25m pool): 00:37.36 WAREGEM 27/09/2025 **PB (50m pool):** 00:33.63 **SB:** 00:37.36 WAREGEM 27/09/2025

	2 5 M	5 0 M	
PB		00:37.36	
	00:37.36		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:8, starttime: 17:34

Heat: 8/9 Lane : 3 Athlete: EL GHAZALI ADAM — **Q-time: 00:31:68**

PB (25m pool): 00:31.85 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:31.68 **SB:** 00:31.85 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	
PB		00:31.85	
		00:31.85	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:8, starttime: 17:34

Heat: 8/9 Lane : 4 Athlete: SLOS ROBBIE — **Q-time: 00:31:61**

PB (25m pool): 00:30.36 Verbauwenbad 18/04/2022 **PB (50m pool):** 00:30.77 **SB:** 00:31.61 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:30.36	
		00:30.36	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:9, starttime: 17:35

Heat: 9/9 Lane : 2 Athlete: STEVENS JAAN — **Q-time: 00:30:46**

PB (25m pool): 00:37.33 Gent 23/02/2025 **PB (50m pool):** 00:30.46 **SB:** no time

	2 5 M	5 0 M	
PB		00:37.33	
		00:37.33	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:9, starttime: 17:35

Heat: 9/9 Lane : 3 Athlete: VAN RAEMDONCK CAMU — **Q-time: 00:30:13**

PB (25m pool): 00:30.13 Gent 23/02/2025 **PB (50m pool):** 00:30.62 **SB:** 00:30.98 WAREGEM 27/09/2025

	2 5 M	5 0 M	
PB		00:30.13	
		00:30.13	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:9, starttime: 17:35

Heat: 9/9 Lane : 7 Athlete: DEGRANDE LARS — **Q-time: 00:30:64**

PB (25m pool): 00:30.92 Dendermonde. 22/11/2025 **PB (50m pool):** 00:30.64 **SB:** 00:30.92 Dendermonde. 22/11/2025

	25M	50M
PB		00:30.92
		00:30.92
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x100M MEDLEY WOMEN 11+ — Heat:1, starttime: 17:37

Heat: 1/2 Lane : 5 Athlete: TEAM FIRST OPEN — **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x100M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:43

Heat: 2/2 Lane : 1 Athlete: TEAM FIRST 14-16 — **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 11: 4x100M MEDLEY WOMEN 11+ **Heat:2, starttime: 17:43**

Heat: 2/2 Lane : 7 Athlete: TEAM FIRST 11-13 **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:1, starttime: 17:50**

Heat: 1/2 Lane : 3 Athlete: TEAM FIRST 14-16 **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:1, starttime: 17:50**

Heat: 1/2 Lane : 4 Athlete: TEAM FIRST 11-13 **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:1, starttime: 17:50**

Heat: 1/2 Lane : 5 Athlete: TEAM FIRST OPEN **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: